Patent claims:

- 1. Tampon, in particular for feminine hygiene, comprising a tampon body (10) and a withdrawal tape (12; 32) which is fastened on the tampon body (10), characterized in that the withdrawal tape (12; 32) is configured such that its effective length can be changed before or during use.
- 2. Tampon according to Claim 1, characterized in that the withdrawal tape (12; 32) is formed with at least one loop (18) or fold (36) which reduces the effective length of the withdrawal tape (12; 32) and can be released in order to increase the effective length of the withdrawal tape (12; 32).
- 3. Tampon according to one of the preceding claims, characterized in that the withdrawal tape (12) has one end connected to the tampon body (10) and its other, free end knotted to form a loop (18) which can be released by virtue of the free end being pulled.
- 4. Tampon according to Claim 3, characterized in that the loop (18) is formed such that it does not release by virtue of the loop (18) being pulled.
- 5. Tampon according to Claim 3 or 4, characterized in that the loop (18) is formed in the manner of a half-loop.
- 6. Tampon according to Claim 3 or 4, characterized in that the loop (18) is formed in the manner of a Windsor knot.
- 7. Tampon according to Claim 1 or 2, characterized in that the withdrawal tape (32) is arranged partly within the tampon body (30) and is positioned in at least one fold (36) therein.

- 8. Tampon according to Claim 7, characterized in that the withdrawal-tape part is retained within the tampon body (30) by virtue of the latter being rolled and pressed.
- 9. Tampon according to Claim 7 or 8, characterized in that the at least one fold (36) of the withdrawal tape (32) within the tampon body (30) can be released by virtue of the free end of the withdrawal tape (32) being pulled, in order to increase the effective length of the withdrawal tape (32) outside the tampon.
- 10. Method of producing a tampon according to one of Claims 1 to 6, characterized in that the withdrawal tape (12) is positioned around a fabric tampon band such that it extends transversely to the fabric tampon band, and laterally beyond the latter, in that the fabric tampon band is rolled and pressed in order to form the tampon body (10) with the withdrawal tape (12) fastened therein, and in that the withdrawal tape (12) is knotted outside the tampon body (10) to form a releasable loop (18).
- 11. Method of producing a tampon according to one of Claims 1, 2, 7, 8 and 9, characterized in that the withdrawal tape (32) is positioned around a fabric tampon band (30) such that it extends transversely to the fabric tampon band (30), and laterally beyond the latter, that part of the withdrawal tape (32) which extends laterally beyond the fabric tampon band (30) is folded back partly onto the fabric tampon band (30), and the fabric tampon band is rolled and pressed in order to form the tampon body with the withdrawal tape (32) fastened therein and to retain the folded-back part of the withdrawal tape (32) in the tampon.
- 12. Method according to Claim 11, characterized in that the withdrawal tape (32) is folded back onto the fabric tampon band (30) parallel to, obliquely in

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relation to or perpendicularly to the transverse direction of the fabric tampon band.